

TORAH AND TOURNIQUETS

2021/2022 END OF YEAR STATUS REPORT

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Torah and Tourniquets is a workshop developed for the sake of merging a practical, necessary skills building course with a practice that regularly takes place in Jewish settings: text study. Each of these components face dilemmas when alone. Health and safety courses often lack depth and personal meaning and tend to be conducted out of necessity and assuagement of fear. Text study sessions may engage those who are inclined towards text and intellectual growth, but are often criticized for lacking modern or practical applicability. Torah and Tourniquets solves both these challenges: it cultivates curiosity, intellectual growth, and personal, spiritual engagement while providing its participants with useful knowledge that should never have to be used, but will equip participants with the confidence that they would be able to help out in an emergency situation.

Each workshop is set to be 90-100 minutes long. The "bleeding control" skills session occurs in the middle half and lasts about 45 minutes. The text study and discussion occurs in two 20-25 minute sections, one before the bleeding control session and one after. Thus far, this framework has been trialed in two settings: Skidmore College Hillel and Northeastern University Hillel. Participants from both these sessions shared informal positive and critical feedback that has been used to reshape elements of the program for future workshops. Moving forward, partcipants will be sent a formal feedback and evaluation survey after completing the program. While the general structure will remain constant between various groups of participants, the content of texts and sources will vary depending on participant identity (age, location, setting, etc) and interests (antisemitism, kashrut, purity, chaggim, etc).

As the beta testing phase comes to an end, an appropriate workshop payment model will be deployed and marketing will be conducted (in big part by use of the new program website, torahandtourniquets.com). Consideration will also be given to program artwork, educator uniform, and the potential for expanding the educational and creative team beyond the program founder.

Budget

SOURCE	AMOUNT	STATUS
Be Wise '21-'22	\$3,500	Spent (Supplies + Website)
Rabbi Irwin Zeplowitz (Discretionary Fund)	\$500	Unspent
Be Wise '22-'23	Unknown	Hopeful
Be Wise '23-'24	Unknown	Hopeful
Be Wise '24-'25	Unknown	Hopeful
Workshop Profit	Unknown	To be reinvested into T+T
Additional grants and donations	Unknown	Anticipated

Future Directions



Within the framework of the "Torah and Tourniquets" programming, I look forward to creating additional source sheet templates that focus in a more in-depth manner on various blood related topics in Judaism (food, purity, chaggim, etc). I also anticipate setting a schedule of paid workshop engagements throughout the '22-'23 academic year and beyond.

I also anticipate the development of additional practical skills workshops and associated text studies. Such workshops may include a CPR certification and a general first-aid certification.